



Rulemaking Meeting #2 Approved Services, Part 1

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Agenda

- Housekeeping / Common terms
- Approved services (Part 1)
- Discussion

Housekeeping

- Please use Q&A feature to ask questions during the presentation
- Chat will open for discussion at the end of the presentation

Common terms

Department of Social and Health Services	DSHS
Employment Security Department	ESD
Health Care Authority	HCA
Long-term services and supports	LTSS
Office of the State Actuary	OSA
Revised Code of Washington	RCW
Washington Cares Fund / WA Cares Fund	WCF
Washington Administrative Code	WAC



RCW 50B.04.010

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(2) "Approved service" means long-term services and supports including, but not limited to:

(a) Adult day services	(k) Dementia supports
(b) Care transition coordination	(l) Education and consultation
(c) Memory care	(m) Eligible relative care
(d) Adaptive equipment and technology	(n) Professional Services
(e) Environmental modification	(o) Services that assist paid and unpaid family members caring for eligible individuals...
(f) Personal emergency response system	(p) In-home personal care
(g) Home safety evaluation	(q) Assisted living services
(h) Respite for family caregivers	(r) Adult family home services
(i) Home delivered meals	(s) Nursing home services
(j) Transportation	

Focus for today

- Nursing home services
- Assisted living services
- Adult family homes services
- Memory care
- Respite for family caregivers
- Care transition coordination
- Education and consultation
- Professional services
- Dementia supports

Nursing home services

- Any home, place, or institution that provides convalescent or chronic care for three or more patients who are not able to independently care for themselves for a period of more than 24 consecutive hours.

Assisted living services

- A home or facility where seven or more adults live and receive basic services for their safety and well-being.

Adult family home services

- A residential care setting that is home-like where two to eight adults live and receive personal care, special care, room, and board.

Memory care

- A specialty care that is provided for residents of adult family homes, assisted living facilities, and nursing homes who have dementia.

Respite for family caregivers

- Short-term care of an individual receiving long-term care by a family member. The care is provided to temporarily relieve a family caregiver of their responsibilities of providing care.

Care transition coordination

- A time-limited service that complements primary care. Care transition coordination is designed to ensure proper coordination, timely follow-up care, and healthcare continuity with the goal of avoiding preventable poor outcomes as beneficiaries return home from an acute care setting like a hospital or skilled nursing facility (such as readmission). Care Transition Coordination is not case management.

Dementia supports

- Community-based, non-medical support to beneficiaries and their caregivers to improve care for the beneficiary with dementia by:
 - Developing a **behavior support plan** for the beneficiary; and
 - Providing **focused advanced-care planning** including legal services to set up a power of attorney (including durable power of attorney or medical power of attorney) or to write a simple will.
 - Excluded from legal services are establishing a guardianship or writing a complex will.

Education and consultation

- Non-medical education, consultation, behavior management and training regarding the beneficiary's diagnoses and chronic health issues aimed at supporting the beneficiary to better manage their activities of daily living, and their health and wellness.
- Education and consultation services may include evidence-based programs (EBP) such as Chronic Disease Self- Management Programs (CSDMP), Tomando Control de su Salud (Spanish CDSMP), SAIL, Otago, A Matter of Balance, and Aging Mastery.

Professional services

- Skilled nursing
- Nurse delegation
- Private duty nursing

Professional services – Skilled nursing

- A service that is intended for:
 - Short-term, intermittent treatment of acute conditions or exacerbation of a chronic condition when not available through a beneficiary's medical insurance.
 - Treatment of chronic, stable, long-term conditions that cannot be delegated or self-directed.

Professional services – Nurse delegation

- A role within the Registered Nurse (RN) Scope of Practice. It allows an RN to delegate specific skilled nursing tasks to registered nursing assistants or home care aides for beneficiaries who have a skilled nursing task need.

Professional services – Private duty nursing

- A program that provides in-home skilled nursing care to individuals who would likely otherwise be served in a medical institution. Individuals using PDN services are typically dependent on a technology modality, including mechanical ventilation, complex respiratory support, tracheostomy, intravenous (IV) or parenteral administration of medications, or IV administration of nutritional substances. The purpose of PDN is to:
 - Provide community-based alternatives to institutional care for clients who have complex medical needs and require skilled nursing care on a continuous and daily basis that can be provided safely outside of an institution.
 - Support client families, who must assume a portion of the client's care.



Discussion

Discussion

Are there any services that closely align with the services reviewed today but were not discussed?

Nursing home services	Care transition coordination
Assisted living services	Education and consultation
Adult family homes services	Professional services
Memory care	Dementia supports
Respite for family caregivers	

Discussion

Regarding defining the approved service mentioned today, what would you recommend to allow for flexibility of service delivery while being clear of the scope of the service type?

Nursing home services	Care transition coordination
Assisted living services	Education and consultation
Adult family homes services	Professional services
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Discussion

What accessibility or equity considerations come to mind regarding rules for the approved services mentioned today?

Nursing home services	Care transition coordination
Assisted living services	Education and consultation
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Discussion

What plain language recommendations do you have for the approved services discussed today? What should be considered to make sure this is easily understood by our audience?

Nursing home services	Care transition coordination
Assisted living services	Education and consultation
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Discussion

Are there any other considerations we should take note of regarding the approved services discussed today?

Nursing home services	Care transition coordination
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Resources

- DSHS website: <https://wacaresfund.wa.gov/rulemaking>
- ESD website: <https://esd.wa.gov/newsroom/rulemaking/ltss>
- HCA website: <https://www.hca.wa.gov/about-hca/rulemaking>
- Questions related to the WA Cares program, please email WACares@dshs.wa.gov



Thank you!

We look forward to continuing this discussion in upcoming meetings

Questions about the WA Cares Fund rulemaking process?

Contact Arielle Finney at Arielle.Finney2@dshs.wa.gov

Questions about the WA Cares Fund program?

Contact the WA Cares Fund Customer Care Team at WACares@dshs.wa.gov