

#### **WA CARES BASICS**

What Workers Need to Know

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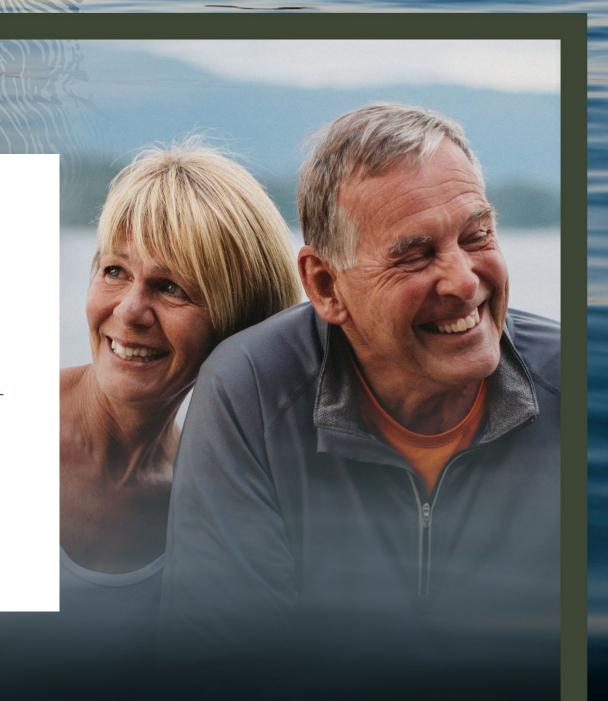
January 18, 2023

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Washington State Health Care Authority



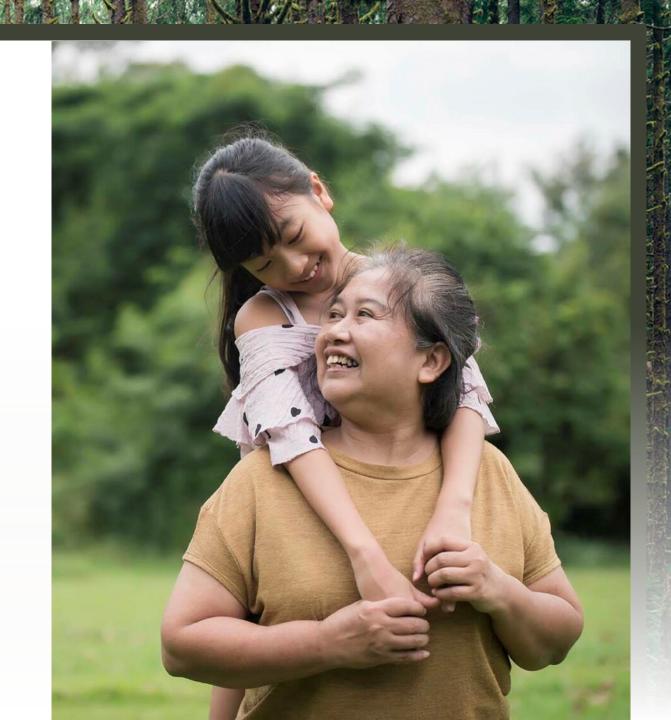
# What we'll cover today

# The way we pay for long-term care today isn't working

- Impact on people who need care
- Impact on family caregivers
- Impact on workers and the economy

#### **How WA Cares Fund works**

- Contributing to WA Cares
- Qualifying for coverage
- Benefits for near-retirees
- Role of employers



# Defining long-term care and caregiving



### help with activities of daily living like bathing, eating & dressing



#### not medical care

like doctor visits & treatment for medical conditions



paid care from a professional



help from a

family member
or friend, often unpaid



in your own home



in a residential setting

like a nursing home or assisted living

### We all have care stories in our families



KD

KD lives with mother-in-law Kathleen, who has multiple sclerosis and needs help with daily activities.

Kathleen gets in-home care from caregivers who help her bathe, dress, exercise and eat. They also provide her with companionship and help her get around the house using her wheelchair or walker.



The last thing you want people thinking about in their golden years is money.

### We all have care stories in our families





#### Sally

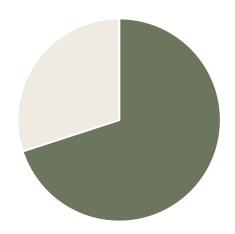
Sally's partner Patty has Parkinson's disease. A caregiver visits their home for a few hours each day to help Patty eat, bathe and get around.

Having in-home care also means Sally can get a break to do things like grocery shopping or going for a walk with friends.



Having a caregiver helps with still being in a relationship, whether you're an adult child or a partner.

# Long-term care is predictable and expensive



7 in 10 of us will need long-

term care

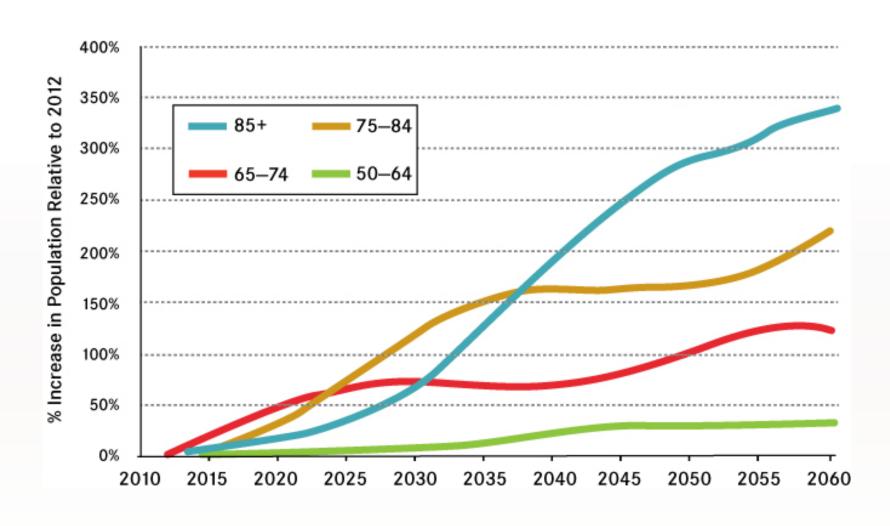
#### Care costs are high

- \$33,000 per year for 20 hours of home care per week
- Not covered by health insurance or Medicare
- Only covered by Medicaid once savings are spent down to \$2,000

# Most don't have a way to pay

- Median household income for WA seniors: \$56,000/year
- Half have no 401(k) or pension income

# Our population is aging rapidly



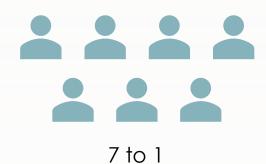
# Families are increasingly unable to meet care needs

Number of potential family caregivers for each person who needs care

2010

2030

2050







# Family caregiving isn't free



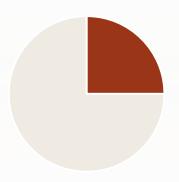
### **Almost half**

of family caregivers report a related financial setback



\$303,880

average lost wages and benefits for caregivers 50+ who leave workforce early



25%

Average amount of their own income caregivers spend on related expenses



2 in 3

working caregivers say a program that pays caregivers would help

## Businesses and workers are impacted

Job openings in WA grew from **165,000** in 2020 to **224,000** in 2021 while number of available workers stagnated

#### **AMONG WORKING CAREGIVERS**

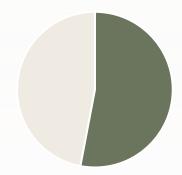
61%

report caregiving responsibilities impacted their job



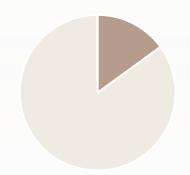
53%

Went in late, left early, took time off to provide care



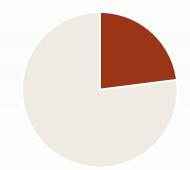
15%

Went from full-time work to part-time or reduced hours



23%

report their health has worsened since taking on the role



# We all pay the high costs of long-term care



Without WA Cares, longterm care costs – which we all pay through taxes on goods and services – would have doubled in roughly two decades \$6.4 billion

Washington's budget for long-term care in the 2019-2021 biennium

6.3%

Long-term care spending as a percentage of the state budget

### WA Cares Fund can help

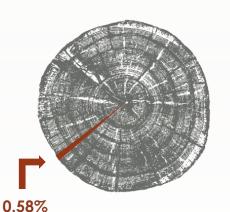
- Earned benefit
- Self-funded by worker contributions
- Only contribute while you're working
- Everyone covered at same rate regardless of pre-existing conditions
- No copays, no deductibles, and you never have to file a claim

#### Typical Income:

\$50,091

Typical Contribution:

\$291/year



#### **Contributions**

0.58%

Amount workers contribute from wages



Contributions begin

#### **Benefits**

\$36,500

Lifetime maximum benefit (adjusted annually up to inflation)



Benefits available

### Affordable contributions across your career

\$35,000		
annual salary		
Each year	\$203	
Over 10 years	\$2,030	
Over 20 years	\$4,060	
Over 30 years	\$6,090	

\$50,000 annual salary	
Each year	\$290
Over 10 years	\$2,900
Over 20 years	\$5,800
Over 30 years	\$8,700

\$75,000 annual salary		
Each year	\$435	
Over 10 years	\$4,350	
Over 20 years	\$8,700	
Over 30 years	\$13,050	

\$36,500 benefit amount will be adjusted annually up to inflation.

### Who contributes to WA Cares

# Automatically not included

- Federal employees excluded
- Employees of tribes only included if tribe opts in
- Self-employed individuals only included if they opt in

# Optional <u>permanent</u> exemptions

- Veterans with serviceconnected disability rating of 70% or greater (ongoing availability)
- Workers who had private long-term care insurance by Nov. 1, 2021 (no longer available)

# Optional <u>conditional</u> exemptions

(all ongoing availability)

- Workers who live out of state
- Workers with nonimmigrant visas
- Spouses/registered domestic partners of active-duty U.S. armed forces member

# Qualifying for coverage

# Early access to full benefit

Contributed at least

3 of the last 6 years
at the time you apply
for benefits







# Lifetime access to full benefit

total of 10 years
without a break of 5+
consecutive years

Contributed for a



#### **NEW FOR NEAR-RETIREES**

# Lifetime access to partial benefit

People born before 1968 earn

#### 10% of benefit amount

for each year worked











To earn benefits, must work at least 500 hours per year (about 10 hours per week)

### The benefit is flexible

Up to \$36,500 for any combination of services and supports, including:



Professional care at home or in a facility



Adaptive equipment & technology like hearing or medication reminder devices



Training & paying family member or friend to be your caregiver



Home-delivered meals



Home safety evaluations & environmental modifications like wheelchair ramps



Support & respite for family caregivers



Transportation

Must need help with 3 activities of daily living like bathing, dressing, eating, medication management

### Role of employers

#### **Premium collection**

- Workers contribute to WA Cares; employers do not
- Starting July 1, 2023, employers
  collect premiums from employee
  wages for all workers who have not
  provided confirmation from ESD that
  they are exempt
- Employers begin quarterly reporting to ESD starting October 2023

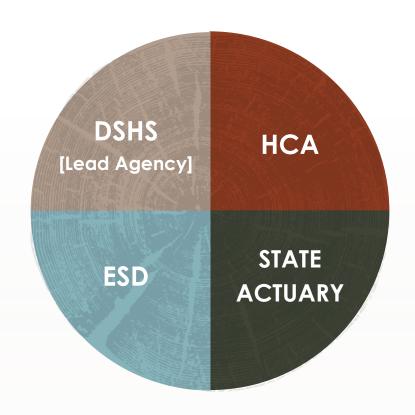
#### **Exemptions**

- Exemption applications processed by ESD, not by employers
- Exemption applications for ongoing exemption types accepted by ESD as of Jan. 1, 2023 (wacaresfund.wa.gov/exemptions)
- Exemption letters provided previously are still valid
- Workers can download their approved exemption letter from Secure Access Washington account used to submit their application

# Cross agency responsibilities

- Process applications
- Perform care needs assessments
   & determine eligibility
- Manage providers

- Collect premiums and wage reports
- Determine vesting status
- Process exemptions
- Process requests from self-employed individuals opting in



- Pay providers
- Track benefit usage

 Provide actuarial analysis to assess ongoing Trust Fund solvency

# Questions & Answers





# Thank You

Learn more at <u>wacaresfund.wa.gov</u>

Find slides and other materials at <u>wacaresfund.wa.gov/webinars</u>

Contact us by email

wacaresfund.wa.gov/ contact-us Contact us by phone (employers & exemptions)

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Contact us by phone (other questions)

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