

#### WA CARES BASICS

What Workers Need to Know

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### What we'll cover today

# The way we pay for long-term care today isn't working

- Impact on people who need care
- Impact on family caregivers
- Impact on workers and the economy

#### **How WA Cares Fund works**

- Contributing to WA Cares
- Exemptions
- Qualifying for benefits
- Benefit coverage



### Defining long-term care and caregiving



help with activities of daily living like bathing, eating & dressing



not medical care

like doctor visits & treatment for medical conditions



paid care from a professional



help from a

family member
or friend, often unpaid



services & supports provided in your own home



in a residential setting

like a nursing home or assisted living

### We all have care stories in our families



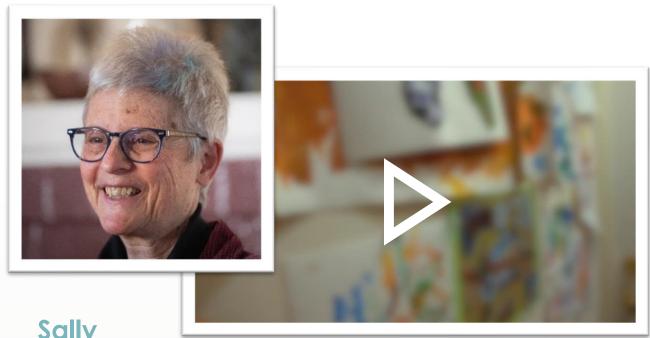
KD lives with mother-in-law Kathleen, who has multiple sclerosis and needs help with daily activities.

Kathleen gets in-home care from caregivers who help her bathe, dress, exercise and eat. They also provide her with companionship and help her get around the house using her wheelchair or walker.



The last thing you want people thinking about in their golden years is money.

### We all have care stories in our families



Sally

Sally's partner Patty has Parkinson's disease. A caregiver visits their home for a few hours each day to help Patty eat, bathe and get around.

Having in-home care also means Sally can get a break to do things like grocery shopping or going for a walk with friends.



Having a caregiver helps with still being in a relationship, whether you're an adult child or a partner.

### Long-term care is predictable and expensive



70% of us
will need long-term care



not covered

by health insurance or Medicare



\$35,880/year for 20 hours of home care per week



Only covered by Medicaid once savings are spent down to

\$2,000

### Most don't have a way to pay

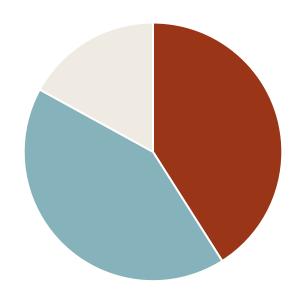
\$56,000/year

Median household income for Washington seniors

#### **AMONG WASHINGTON WORKERS AGE 55-64**

42%

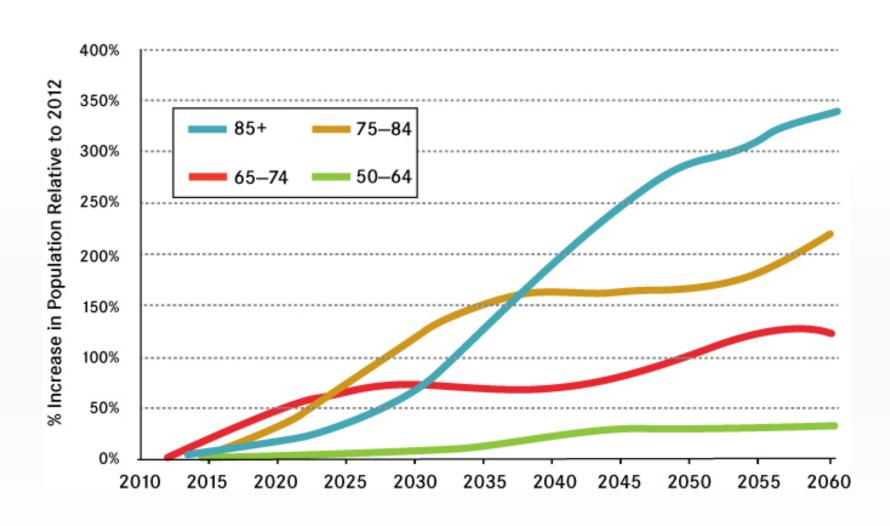
have no pension & only enough 401(k)/IRA savings to replace 10% of their preretirement income



41%

have no pension or 401 (k)/IRA savings

### Our population is aging rapidly



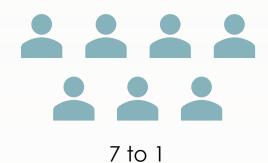
# Families are increasingly unable to meet care needs

Number of potential family caregivers for each person who needs care

2010

2030

2050







### Family caregiving isn't free



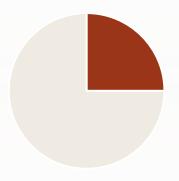
#### **Almost half**

of family caregivers report a related financial setback



\$303,880

average lost wages and benefits for caregivers 50+ who leave workforce early



25%

Average amount of their own income caregivers spend on related expenses



2 in 3

working caregivers say a program that pays caregivers would help

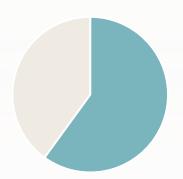
### Businesses and workers are impacted

Job openings in WA grew from **165,000** in 2020 to **224,000** in 2021 while number of available workers stagnated

#### **AMONG WORKING CAREGIVERS**

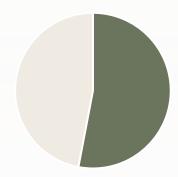
61%

report caregiving responsibilities impacted their job



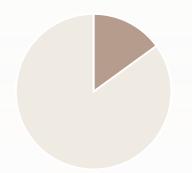
53%

Went in late, left early, took time off to provide care



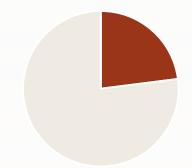
15%

Went from full-time work to part-time or reduced hours



23%

report their health has worsened since taking on the role



### We all pay the high costs of long-term care



Without WA Cares, longterm care costs – which we all pay through taxes on goods and services – would have doubled in roughly two decades \$10.4 billion

Washington's budget for long-term care (23-25 biennium)

8.9%

of state budget spent on long-term care (23-25 biennium)

### WA Cares Fund can help

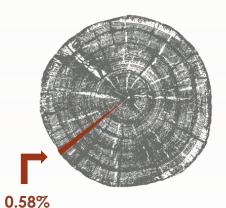
- Earned benefit
- Self-funded by worker contributions
- Works like an insurance program
- Only contribute while you're working
- Everyone covered at same rate regardless of pre-existing conditions
- No copays, no deductibles, and you never have to file a claim

#### Typical Income:

\$50,091

**Typical Contribution:** 

\$291/year



#### **Contributions**

0.58%

Amount workers contribute from wages



Contributions begin

#### **Benefits**

\$36,500

Lifetime maximum benefit (adjusted annually up to inflation)



Benefits available

### Affordable contributions across your career

\$35,000 annual salary		
Each year	\$203	
Over 10 years	\$2,030	
Over 20 years	\$4,060	
Over 30 years	\$6,090	

\$50,000 annual salary			
Each year	\$290		
Over 10 years	\$2,900		
Over 20 years	\$5,800		
Over 30 years	\$8,700		

\$75,000 annual salary		
Each year	\$435	
Over 10 years	\$4,350	
Over 20 years	\$8,700	
Over 30 years	\$13,050	

\$36,500 benefit amount will be adjusted annually up to inflation.

### Who contributes to WA Cares

# Automatically not included

- Federal employees excluded
- Employees of tribes only included if tribe opts in
- Self-employed individuals only included if they opt in

Exemption type	Availability	Permanent?
Workers who live out of state	Ongoing	×
Workers on non-immigrant visas	Ongoing	×
Spouses & domestic partners of active-duty U.S. armed forces	Ongoing	×
Veterans with 70%+ service- connected disability	Ongoing	
Workers who had private long-term care insurance by 11/1/21	No longer available	

### Applying for an exemption

- Visit <u>wacaresfund.wa.gov/exemptions</u> for details
- Gather required documentation
- Create a Secure Access Washington (SAW) account or log into existing SAW account
- Follow instructions to add a new service, then complete & submit application
- ESD will review & send approval letter if approved
- Provide letter to current & future employers
- Notify employer & ESD if you no longer qualify

Applications submitted after **July 1** will become effective on or after **October 1**.

#### Ongoing exemption types

- Veterans with serviceconnected disability rating of 70% or greater
- Workers who live out of state
- Workers with nonimmigrant visas
- Spouses/registered domestic partners of active-duty U.S. armed forces member

Call 833-717-2273 or use email form at <u>wacaresfund.wa.gov/contact-us</u> if you have exemption questions.

### Role of your employer and ESD

#### Your employer

- Collect premiums from employee wages starting July 1, 2023 for all workers who have not provided confirmation that they are exempt
- Track employee exemptions and keep approved exemption letters from ESD on file

#### **Employment Security Department**

- Process exemption applications (available for ongoing exemption types as of Jan. 1, 2023)
- Provide exemption approval letter for workers to give their employer
  - Exemption letters provided previously are still valid
  - Workers can download letter from Secure Access Washington account used to submit their application

wacaresfund.wa.gov/exemptions

### Qualifying for coverage

## Early access to full benefit

Contributed at least

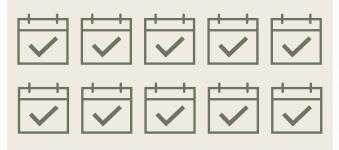
3 of the last 6 years
at the time you apply
for benefits



# Lifetime access to full benefit

total of 10 years
without a break of 5+
consecutive years

Contributed for a



#### **NEW FOR NEAR-RETIREES**

# Lifetime access to partial benefit

People born before 1968 earn

#### 10% of benefit amount

for each year worked





To earn benefits, must work at least 500 hours per year (about 10 hours per week)

### The benefit is flexible

Up to \$36,500 for any combination of services and supports, including:



Professional care at home or in a facility



Adaptive equipment & technology like hearing or medication reminder devices



Training & paying family member or friend to be your caregiver



Home-delivered meals



Home safety evaluations & environmental modifications like wheelchair ramps



Support & respite for family caregivers



Transportation

Must need help with 3 activities of daily living like bathing, dressing, eating, medication management

### How far will the benefit go?



#### Family caregiver

Paying a family caregiver \$31,300

10 hours/week for 2 years

Care supplies \$2,200

2-year diaper supply



#### Home accessibility

Home safety renovations \$15,000

Electric wheelchair or scooter \$2,600

Weekly meal delivery

7 meals/week for 3 years



### Temporary support & services

Part-time caregiver \$31,300

20 hours/week for 1 year

Transportation to appointments \$3,200

for 1 year

Crutches \$50

Total \$33,500

Total

\$26,800

\$9,200

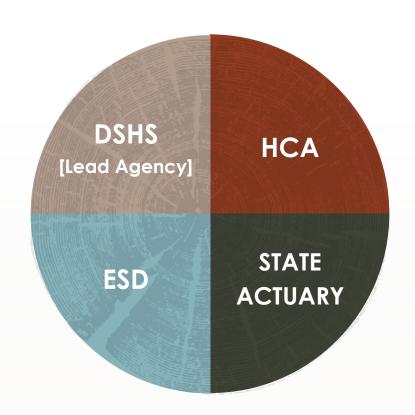
Total \$34,600

Note: These are estimates and do not guarantee the cost of any services, which may vary based on your area and other factors.

### Cross agency responsibilities

- Process applications
- Perform care needs assessments
   & determine eligibility
- Manage providers

- Collect premiums and wage reports
- Determine vesting status
- Process exemptions
- Process requests from self-employed individuals opting in



- Pay providers
- Track benefit usage

 Provide actuarial analysis to assess ongoing Trust Fund solvency

# Questions & answers



### Benefits for your family & community



#### Care for you

to help you stay in your own home for longer as you age



#### Financial support

by keeping benefits workers earn in their family or community



#### Care for loved ones

who can make you a paid caregiver or get other services to ease impact of care needs



#### Affordable coverage

for the majority of families who can't afford private long-term care insurance



# Resources for your workplace

to help your coworkers stay in their jobs & care for their families



#### Lower costs

of long-term care spending we all pay through sales & other taxes



# Thank you

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844-CARE4WA